Snacks Keto PUMPKIN SEEDS AND BRAZIL NUTS \$0.45/SERVING EST





Ingredients and groceries scaled from original 1 serving 5 oz. pumpkin seeds

Prep: 1 mins

1. Pour pumpkin seeds into a bowl and serve.

BRAZIL NUTS

\$0.75/SERVING EST

Ingredients and groceries scaled from original 1 serving 5 oz. brazil nuts

Prep: 1 mins

1. Pour brazil nuts into a bowl and serve.